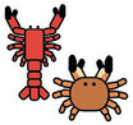
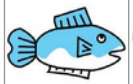
DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES														
	Celer y	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad [example]	√			√	√		√		√					
Arancini (Ragu) (wheat)	X	X												
Arancini (Ve)	X													
Arancini GF	X													
Brown Stew Chicken (wheat)		X											X	
Brown Stew Chicken GF													X	
Curry Goat	X						**may contain**						**may contain**	
Coconut Rice														X
Dumplings (wheat)		X					X							
Hot Pepper Sauce									X					

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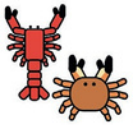
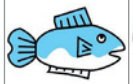
DISHES														
	Celer y	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad [example]	√			√	√		√		√					
Insalata di Riso	X									olives				
Mayonnaise				X					X					
Panini (salami) (wheat)		X					X							X
Panini (Ve) (wheat)		X												
Patties (beef) (wheat)	X	X		X			X							
Patties (Ve) (wheat)	X	X					may contain							
Pizza Chiena (wheat)		X		X			X							
Rice & Peas														X
Sweet Potato Curry	X						may contain						may contain	X

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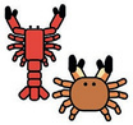
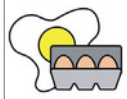
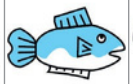
DISHES														
	Celer y	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad [example]	√			√	√		√		√					
Wraps (wheat)		X												
Cheesesteak (wheat)		X					X							
Cheesesteak GF							X							
Italian Meatball Sub (wheat)		X		X			X							
Italian Meatball Sub GF				X			X							

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